ASPIRE BELIEVE ACHIEVE

Squirrel Hayes First School
Springfield Road
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Headteacher: Mrs. E. J. Pickford
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Monday 23rd November 2026

Mindful Breakfast Morning Invitation – Hydra and Columba Classes
Date: Monday 30th November 2026

Time: 8:30am if joining us for breakfast, 8:45am for your child to attend if they will not have a family member joining them for breakfast and activities. There is no cost to children and their families for this event as this is being paid for through our 'fundraising'.

Dear Parents and Carers,

We're excited to invite you to our upcoming **'Breakfast & Mindful Morning Activity' session** for families in **Hydra and Columba Classes**. These sessions will be delivered by our dedicated school staff. We're committed to providing a meaningful and engaging experience, focusing on the **5 Ways to Well-being** through a variety of fun and interactive activities based around a 'Christmas Crafting theme'

You'll begin the morning by enjoying a relaxed breakfast with your child at 8:30am. You and your child will have a choice of breakfast options as shown below: -

- Sausage Sandwich
- Bacon Sandwich
- Vegan Sausage Sandwich
- Beans on Toast

After breakfast there will be two craft-based activities for you to complete with your child. Children who do not have any Parents/Carers with them will be supported by our school staff. **There will be a range of Christmas Craft activities to choose from.** Some examples are shown below:







To help us prepare, please respond to the text message that will be sent out today. We will need to know how many adults are attending and what your choices are for your breakfast. This will include both adult and child breakfast choices. Even if you are unable to attend, please reply with your child's breakfast choice as they will still be participating in the morning breakfast and activities.
We look forward to sharing this special morning with you and your child.
There is no cost to children and their families for this event as this is being paid for through our 'fundraising'.
Yours sincerely, Mrs E. J. Pickford (Headteacher) & Team

This school is committed to safeguarding and promoting the welfare of children and young people/vulnerable adults and expects all staff and volunteers to share this commitment.

BIDDULPH SCHOOLS PARTNERSHIP TRUST
(a mutual co-operative membership trust)