



Squirrel Hayes First School: PE Curriculum Map UNCLASSIFIED

Learning Lens			
<p>Contextual Rational: Squirrel Hayes First School is located in an area of high social and emotional deprivation. Children typically start school with low starting points and the school has local reputation of good practice for children with additional needs. We foster skills of resilience, resourcefulness, reciprocity and reflectiveness as the cornerstones of emotional character to develop lifelong learning.</p>			
Cycle A			
Reception	Autumn <ul style="list-style-type: none"> • Gymnastics Unit 1 • Dance Unit 1 • 	Spring <ul style="list-style-type: none"> • Body Management Unit 1 Skills used to control the body in a variety of situations. These skills require an integration of agility, coordination, balance, and flexibility. • Speed Agility Travel Unit 1 Agility helps performance in activities that require children to change direction quickly whilst keeping balance, strength, speed and body. 	Summer <ul style="list-style-type: none"> • Manipulation and coordination Unit 1 General activities to improve hand function/ hand-eye coordination Cooperate and solve problems Unit 1 Move confidently and cooperatively in space working well with partners.
Year 1/2 Year 1 units	Autumn <ul style="list-style-type: none"> • Gymnastics Unit 1 • Dance Unit 1 • 	Spring <ul style="list-style-type: none"> • Attack Defend Shoot Unit 1 • Hit Catch Run Unit 1 	Summer <ul style="list-style-type: none"> • Run Jump Throw Unit 1 Send & Return Unit 1
Year 3/4	Autumn <ul style="list-style-type: none"> • Gymnastics Unit 1 • Dance Unit 1 	Spring <ul style="list-style-type: none"> • Tennis • Football 	Summer <ul style="list-style-type: none"> • Athletics • Cricket
Cycle B			
Reception	Autumn <ul style="list-style-type: none"> • Gymnastics Unit 2 • Dance Unit 2 • 	Spring <ul style="list-style-type: none"> • Body Management Unit 2 Skills used to control the body in a variety of situations. These skills require an integration of agility, coordination, balance, and flexibility. • Speed Agility Travel Unit 2 Agility helps performance in activities that require children to change direction quickly whilst keeping balance, strength, speed and body. 	Summer <ul style="list-style-type: none"> • Manipulation and coordination Unit 2 General activities to improve hand function/ hand-eye coordination Cooperate and solve problems Unit 2 Move confidently and cooperatively in space working well with partners.
Year 1/2	Autumn <ul style="list-style-type: none"> • Gymnastics Unit 2 • Attack Defend Shoot Unit 2 • 	Spring <ul style="list-style-type: none"> • Dance Unit 2 • Hit Catch Run Unit 2 • 	Summer <ul style="list-style-type: none"> • Run Jump Throw Unit 2 • Send & Return Unit 2
Year 3/4	Autumn <ul style="list-style-type: none"> • Gymnastics Unit 2 • Dance Unit 2 • 	Spring <ul style="list-style-type: none"> • Badminton • Netball • 	Summer <ul style="list-style-type: none"> • Tag Rugby • Rounders